



506 4 Street SW, Calgary, Alberta T2P 1S7 kxcalgary.com

August 20, 2023

Worship Leader: Rev. Sheena Trotter-Dennis

Music Director: Chellan Hoffman

Cantors: Members of the Knox Choir

We extend a warm welcome to our Knox community – to those who are tuning in to the livestream service from home or away, and to those who are gathered in our sanctuary.

You are all an integral part of this community. Thank you for being here.

Wifi password - Knox Guest\$2021

We acknowledge that we live, work, play and worship on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, and Piikani), the TsuuT'ina, the Stoney Nakoda Nations (Bears paw, Chiniki, and Wesley), the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

All are welcome in our faith community, regardless of age, colour, ethnic, religious or linguistic background, gender, gender identity, social or economic circumstances, sexual orientation and physical or mental capabilities. Knox has been a proud member of Affirm United since 2007.

**Please stand in body or spirit.*

PRELUDE

I. Fantaisie “Let the Earth Celebrate the Lord...” from *Petite Suite sur un Motet de Gerald Bales*
– music by Rachel Laurin (Aug 11, 1961- Aug 13, 2023) Beloved Canadian organist, educator, and composer.

What sorts of images from nature do you hear in this piece of music?

WELCOME & ACKNOWLEDGEMENT OF THE LAND

***OPENING HYMN “Be Thou My Vision” VU 642**

***CALL TO WORSHIP**

One: In God’s presence we travel; on dusty trails and familiar roads.

All: Gather us in, all who travel together.

One: Some of us carry heavy loads.

All: No matter the load you carry, you are welcome.

One: Together, we walk and share the load.

All: We give thanks for those who journey with us.

Let us pray.

Creator and partner on our journey, we give thanks for the trails, streets and roads we travel. For the places we have traveled, the people we have met and the lessons we have learned, we give thanks. As we journey together, open us up to each other’s wisdom. Free us from those things weighing us down. Lighten our load. Help us walk in your ways. Amen.

***PASSING OF THE PEACE**

The peace of Christ, be with you.

And also with you. Amen.

***GATHERING SONG**

Dance with the Spirit

Dance with the spi - rit ear - ly in the morn - ing, —

3
Walk with the spi - rit through - out the long day. **Work and hope** for a

6
new life a - born - in'; **Lis - ten** to the spir - it to show you the way.

SCRIPTURE READING

Jeremiah 6:16

REFLECTION "Lessons from the Trail: Travel Light" Rev. Sheena Trotter-Dennis
HYMN

Joy be in thy Heart "Blessing Song"

Paul Rumbolt

The musical score is written on a single treble clef staff in the key of D major (indicated by two sharps: F# and C#). The time signature is 7/8. The melody consists of quarter and eighth notes, with some rests. The lyrics are written below the staff, aligned with the notes. The score is divided into four systems, with measure numbers 5, 9, and 14 indicated at the beginning of their respective lines. The final measure of the fourth system is marked 'Last time' and ends with a double bar line and repeat dots.

Joy be in thy heart. Peace be in thy spi-rit. Com-
5 pas - sion be thy jour-ney. Love be in thee.
9 Joy be in my heart. Peace be in my spi-rit. Com-pas - sion be my
14 jour-ney. Love be in me. Last time

PRAYERS OF THE PEOPLE

LORD'S PRAYER - sung (*purple music sheets available in pews*)

Cantor: Heavenly Father, All: Heavenly Father,
Cantor: Heavenly Mother, All: Heavenly Mother,

**(ALL) Holy and blest is your true name.
We pray for your reign of peace to come,
We pray that your good will be done,
Let heaven and earth become one,
Let heaven and earth become one.**

**Give us this day the bread we need,
Give it to those who have none.**

**Give us this day the bread we need,
Give it to those who have none.**

**Let forgiveness flow like a river between us,
From each one to each one.**

**Let forgiveness flow like a river between us,
From each one to each one.**

Lead us to holy innocence beyond the evil of our days.

**Come swiftly, Mother, Father, come;
Come swiftly, Mother, Father come.**

**For yours is the power and the glory and the mercy,
For yours is the power and the glory and the mercy.**

Forever your name is all in one; Forever your name is all in one.

A — men, A — men, A — men.

CANDLELIGHTING AND OFFERING

You are invited to light a candle at the front of the Sanctuary. Candles are lit as a symbol of remembrance, celebration, gratitude, prayer. Please take this opportunity to make an offering online or in person at the candle table. Your financial support makes a huge difference in the future of Knox.

Music: Prelude on 'Slane' (Be Thou My Vision) arr. Healey Willan

***CLOSING HYMN "We are Marching in the Light of God" VU 646**

***BLESSING**

POSTLUDE "Siyahamba" from *Three Global Songs* arr. John A. Behnke

Please join the choir in this reprise of our closing hymn VU 646. We'll sing vs. 1 (english words) three times. There will be musical interludes between verses.

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***Thank you for spending time in community worship at Knox United Church, Calgary.
May you feel God's peace, care, energy, and blessing
within you and around you this coming week.***

Please stay for coffee, tea, and conversation!

Thank You to Knox staff & volunteers:

Sheena Trotter-Dennis (minister)	Chellan Hoffman (director of music)
Sue Forsyth (office administrator)	Gerald Love (greeter & usher)
Jampa Tseten, Justin Cross (caretaker)	Bob Benner (sanctuary preparation)
Carey Barrett/Frank Lam (video operator)	Murray, Vi, Chuck (coffee crew)
Tenzin Dawa/Steve Miller (sound operator)	Roman Sizer (social media; IT support)
Keith Murray (VST student, seminary intern)	William Brook (VST student, seminary intern)

CALENDAR AT A GLANCE

Please see below for a longer description of some of these events.

Wednesday, August 23 @ 12:30 pm	Worship: Connection and Reflection	Labyrinth
Sunday, August 27 @ 7:00 pm	City-Wide Pride Service	
	Location: Beth Tzedec Synagogue, 1325 Glenmore Trail SW	

Please note: The church building and office will close at 4 pm during August.

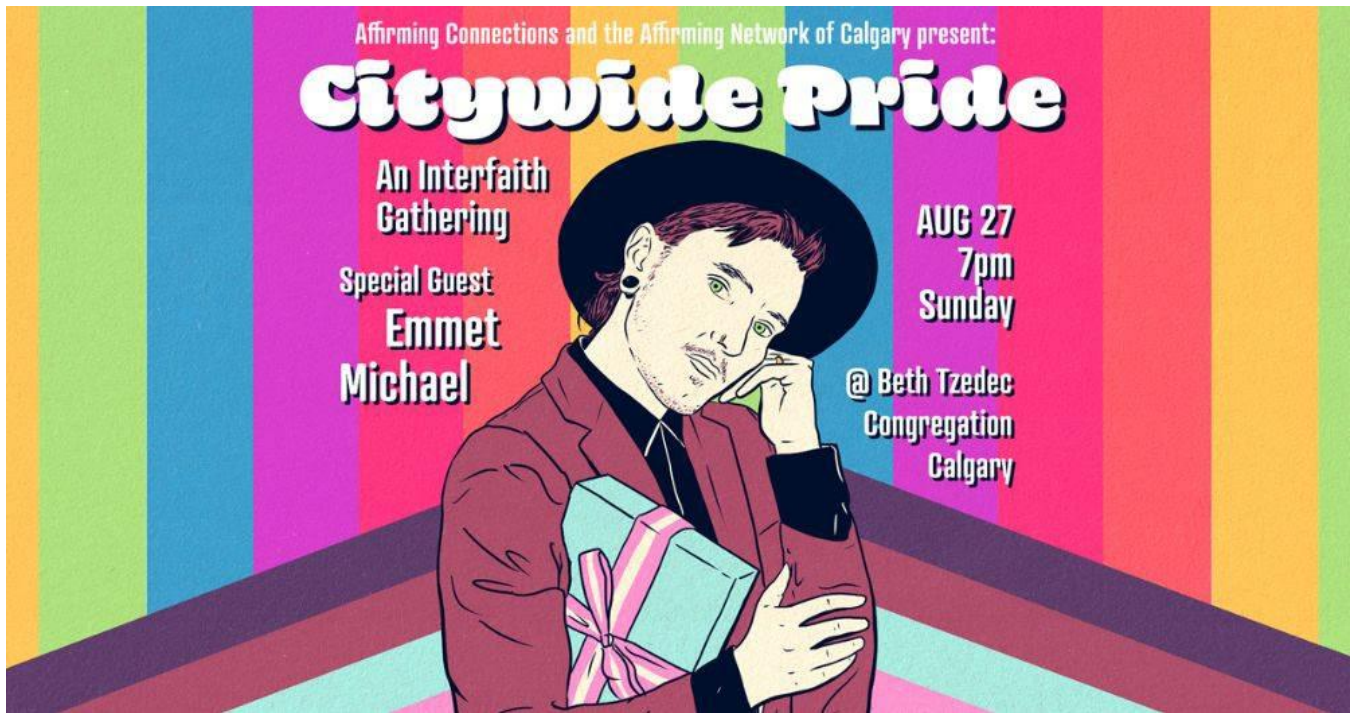
Making Sacred Connections: Worship

Connection and Reflection- Contemplation and Community:

12:30-1:30 pm, Labyrinth Room Join us for a time of reflection and conversation. Held in the beautiful Labyrinth Room, framed with music, readings, and a time for silence and quiet reflection, we will come together to listen, to talk, and to be in community together. All are welcome.

Special Children's Time: September 3

Beginning September 3, we will be offering a monthly time for children during our Sunday worship service. Children, ages 3 and older, are invited for a time of story, craft and recreation. We are deeply grateful for Christine Sizer who is volunteering to lead this program.



Making Sacred Connections: Building Community

Potluck Lunch

Our monthly potluck lunch will return, Sunday, October 1. Mark your calendars for a time of fellowship and delicious food following the worship service.

Yoga In the Sanctuary

Join us, Mondays, 5:15 - 6:15 pm in the sanctuary for an hour of Yoga with instructor Melanie Batycky. Bring your own mats and blocks. \$20/session - \$45/monthly (3 sessions each month)

Melanie Batycky began teaching yoga after dancing professionally with The San Francisco Ballet, Lines Ballet of San Francisco, and The Alberta Ballet. She currently holds her Level 1 Iyengar yoga certification. It is the depth of yoga that keeps her constantly searching and learning. She is truly grateful to have found yoga and loves sharing what she has learned, and continues to learn with her students. "The physical practice is really only part of truly knowing yoga. The philosophy of yoga can be practiced in each interaction in our lives, and actually lived. When we see ourselves and others as kind, loving, honest, authentic, and constantly turn our lives over to the higher power that is within each of us, that is when our lives change."

Opening up the Sanctuary - Volunteers Needed We want to rebuild our presence as a church in downtown Calgary by opening the sanctuary and labyrinth for those seeking a quiet space during the week. We're looking for volunteer hosts who can open the 6th Avenue doors and stay to greet visitors for a couple of hours (schedule TBD). We're initially targeting Tuesday at lunchtime but would appreciate volunteer hosts any weekday between 10 am and 2 pm. This is an important and rewarding way to engage in the life and work of our church.

If you would like to inquire about this project, contact Doug Chandler (dchandler1@shaw.ca) or the church office (office@kxcalgary.com).

English Language Learning Classes for Newcomers- Volunteers Needed Thank you to the volunteers assisting with these classes at Knox! **We could still use a few more individuals for certain Mondays and Thursdays between 1:30 PM and 3:30 PM.**

Please note that the volunteer submission form on the Knox website has had some glitches, and some volunteer offers have not come through. Therefore, an option would be to **simply email EnglishatKnox@gmail.com with your offer to assist.** Your email will open the necessary lines of communication. This may be a good time to consider stepping out of your comfort zone and giving this opportunity some consideration.

MAKING SACRED CONNECTIONS - OFFERING OUR GIFTS

THANK YOU From the Knox Treasurer The days are getting shorter, and our summer is beginning to wind towards fall. Thank you to all who financially supported Knox over the past couple of months, while taking time away to enjoy summer adventures and downtime. Our online services continue to offer the opportunity to be spiritually present from wherever you are. As our work at Knox continues, planning has begun for programming in the fall with so much more to look forward to. Your gifts are received with gratitude, and we thank you for supporting the vibrant ministry at Knox. May the remaining days of summer be safe and restful.

Donating to Knox over the summer:

- Through the website: kxcalgary.com. Click the "Donate" button to donate online through ChurchCenter.com and PayPal
- The QR code during the online services links to the Donate page on the website
- Interac e-Transfer (email address: donate@kxcalgary.com)
- PAR (pre-authorized remittance), post-dated cheques or to request a set of personal donation envelopes to use throughout the year, please contact the church office at 403-269-8382.
- Mail a cheque payable to: **Knox United Church**, 504 4th Street SW, Calgary AB T2P 1S7

** Income Tax Receipts for the total of all donations during 2023 will be issued before the end of February 2024.

CRA Charity Registration No. 11898 6603 RR0001

The 2024 Stewardship Giving Program: Sept. 24 & Oct 8, 2023

This year, the 2024 Stewardship Giving Program will run from Oct 22-Nov. 17, 2023. In anticipation of this event, all interested Congregation members are welcome to attend the 2024 Stewardship Giving Program after Church in the Boardroom on September, 24, 2023. The meeting will be an hour in length. Knox's financial needs for 2024 will be introduced and you are invited to bring ideas, humor, and conversations to the meeting! A follow-up meeting will be held October 8, 2023 in the Boardroom on Thanksgiving Sunday- a very appropriate day to discuss Thanksgiving to Knox! This will be a short meeting. See you then!

A Note of Appreciation

I wish to thank the Knox Congregation for the vote of confidence in approving my position to the Finance & Stewardship Committee and to the Knox Council. I'm very pleased to serve and look forward to working alongside the Knox congregation, Knox minister, Knox Council, and others as we proceed over the next year.

Jo-Anne Willment, Knox Financial & Stewardship Chair

Tuning Up our Finances: Sunday, October 1

Jo-Anne Willment and Janet Zatka invite the Congregation to a conversation on Oct 1, 2023 to discuss the development of a Knox Giving Program extending over a 12-mth period. Stewardship would be one of the Programs lasting 4 weeks but other programs would also be developed. To do this requires a two-step process and your participation in this discussion is very much needed. This does *not* involve extra costs for Knox. The Knox after-church potluck luncheon will also be held on Oct 1, 2023 so the meeting will be held over good food! We welcome your attendance and discussion.

Follow Knox on Social Media!

Check out our refreshed WEBSITE at www.kxcalgary.com

FACEBOOK <https://www.facebook.com/KnoxYYC>

INSTAGRAM <https://instagram.com/knoxunitedcalgary>

TWITTER www.Twitter.com/KnoxYYC